

# Power Skills

**Workshop Title:** Thriving Through Change

**Modalities:**

- Instructor Led Training
- Virtual Instructor Led Training

**Duration:** 1-Day

**Professional Development Units:** 7

## Abstract

This workshop equips professionals with the skills to become effective change leaders. To support practical application, real-world change scenarios are applied to a five-phase methodology for strategically and tactically navigating change and its organizational implications. Participants learn how to assess the impacts of planned changes on stakeholder communities, including techniques to guide and coach affected professional communities through change impacts. Attendees gain the tools to manage the “human side” of change, ensuring more successful transitions and organizational resiliency.

## Learning Outcomes

### Understand Kapur’s Five-Phase Change Methodology

Apply a structured approach to strategically and tactically navigate organizational change using real-world scenarios.

### Assess Change Impacts on Stakeholders

Evaluate the effects of planned changes on stakeholder communities.

### Develop Effective Change Leadership Skills

Strengthen capabilities to guide, coach, and influence individuals and teams through the complexities of change.

### Manage the Human Side of Change

Recognize the integral role of managing the human side of change. Implement strategies that address emotional, behavioral, and cultural responses to change, fostering organizational resilience.

### Enhance Communication and Engagement Strategies

Design clear communication plans and implement engagement techniques to align stakeholders and minimize resistance.

### Build Organizational Resiliency

Equip teams with tools to adapt to change more effectively, ensuring smoother transitions and sustained success. 